

PATIENT ATTENDANCE CARE

Primary Health Care Education Module

Conduct by: Public Swsatha Mitra Medicine Council

BASED ON NSQF LEVEL: 3

DURATION: 180 Hours (Maximum 4 Months)

Theory: 120 Hours

Practical: 60 Hours

ELIGIBILITY:

Minimum Qualification: Class VII pass

Age: 18 years and above

Introduction:

The Patient Attendance Care Course is designed to prepare learners to provide safe, compassionate, and effective support to patients in both hospital and home-care settings. This short-term vocational course emphasizes basic healthcare assistance, hygiene practices, patient communication, empathy, and essential first-aid knowledge.

The program is based on NSQF Level 3 descriptors, ensuring that learners gain both theoretical knowledge and practical skills to assist patients, while respecting their dignity, rights, and comfort. After completing this course, trained individuals will be able to work as Patient Attendants, Care

Assistants, or Home-based Support Workers, thus creating opportunities in healthcare centers, private hospitals, old-age homes, and community health services.

◆ Module 1: Knowledge on Patient Support and Care

- Role of Patient Assistance and Care
- Hospital and Home Care Settings
- Patient Rights and Respect
- Infection Control and Hygiene
- Handwashing, Use of Gloves and Masks
- Changing Clean Clothes and Skin Care

◆ Module 2: Basic Health Measurements and Support

- Measuring Vital Signs (Temperature, Pulse, BP, Sugar) using Digital Devices
- Recording and Maintaining Patient Charts
- Supporting in Food Intake & Assisting with Prescribed Medicines
- Helping Patients Sit, Stand, and Move Safely
- Basics of First Aid and Introduction to CPR

◆ Module 3: Mental Empathy and Cooperation

- Communication Etiquette with Patients
- Reducing Anxiety, Stress, and Loneliness
- Elderly Patient Care & Bedridden Patient Support
- Support for Patients with Disabilities
- Understanding and Responding to Patient Emotions
- Recording and Reporting Daily Patient Conditions

◆ Module 4: Practical Training & Internship

- Hands-on practice of hygiene, vitals measurement, and patient assistance
- Role-play for communication and empathy skills
- Hospital / Home-care based Internship for real-life exposure

**THIS COURSE MODULE IS GOVERNED BY NOTIFIED AGREEMENT.
USE ONLY WITH PSMHC PERMISSION.**